

# HYC Junior Sailing 2016

## “To Advance the Spirit of Sailing”

The Junior Sailing Program at Hudson Yacht Club has got it all for aspiring young sailors! Our enthusiastic staff of instructors and coaches is keen to teach and inspire your kids, in a program designed for all sailing levels.

We are committed to accommodate the growing demand we have experienced in the Junior Sailing Program. Our priority remains the safety of the children, as well as providing well-maintained equipment, knowledgeable instructors and quality instruction in a friendly and fun environment!



## Facilities – a fun and safe place to learn

Located on the beautiful Lake of Two Mountains, our Club offers superior facilities for teaching sailing. The dedicated facilities for our Junior Sailing Program are separate from the main clubhouse and are located adjacent to the Clubs beach and pool.

## Junior Sailing Programs

The programs are based on the Sail Canada “CanSail” Program. This competency based program provides safe and standardized instruction for recreation and competition in sailing dinghies. Students are instructed in sailing theory, sailing technique and care and maintenance of the boats. Priority is given to on-water practice of these skills.

## Eligibility

Programs are available to anyone between the ages of 6 and 18. Space in the program is limited in order to ensure the safety of the children and the quality of instruction.

## Requirements

All sailors are to have and wear an MOT-approved lifejacket when on or near the water. LIFEJACKETS SHOULD BE OF A BRIGHT COLOUR. All students must demonstrate swimming competency.

## Registration

Registration forms are available via the Club office and website. Non-members may register but will be placed on a waiting list until April 15<sup>th</sup>, 2016.

## Children’s Fitness Tax Credit

Through participation in the junior sailing courses you may qualify for the Federal Government’s Children’s Fitness Tax Credit. For more information, please refer to their website at [www.cra.gc.ca/fitness](http://www.cra.gc.ca/fitness).



## Hudson Yacht Club

10 Yacht Club Road  
Hudson, QC, J0P 1H0  
E-mail: [info@hudsonyachtclub.com](mailto:info@hudsonyachtclub.com)  
Telephone number: (450) 458-5326

# HYC Junior Sailing Programs 2016

## Sailing Is Fun "WET FEET" Program!

Just for the fun of it! These sessions are 3 hours of fun, 2 afternoons a week, for four weeks. For kids who would like to give sailing a try with no pressure.

Session Dates:	Ages 6-9	Ages 10-13	Fees *
June 27 to July 21	Mondays & Wednesdays	Tuesdays & Thursdays	\$200.00
July 25 to August 18			\$200.00



## OPTI Learn to Sail...FUN!!!!

The best sailors in the world started in the OPTI class! This 2 week program offers the chance to complete levels CanSail 1 & 2 in a singlehanded boat

Session Dates:	Fees *
June 27 to July 8 July 11 to July 22 July 25 to August 5 August 8 to August 19	\$495.00



## OPTI Learn to Sail Fast!!!!

This program gives sailors the chance to complete their CanSail 3 & 4 in an OPTI while learning the basics of racing!

Session Dates:	Fees *
June 27 to July 22 July 25 to August 19	\$970.00

## CanSail 1 & 2

CanSail 1 is the introductory level for Sail Canada based certification. Beginners are introduced to and taught the basic skills of sailing in Squadron 13s (3-4 sailors per boat). These levels cover safety, seamanship and boat handling in light to medium winds.

In CanSail 2, sailors continue to develop those same skills while beginning to understand the technical aspects of the boat as well as the common safety precautions sailors take. Upon completion of CanSail 2, the student will be able to sail competently in nearly all wind conditions. Sailors are now ready for the thrill of CanSail 3 & 4!

Session Dates:	Fees *
June 27 to July 8 July 11 to July 22 July 25 to August 5 August 8 to August 19	\$495.00



## CanSail 3 & 4

At this level, sailors develop their skills further to improving their boat speed and handling through tuning and maintenance. The students will also learn the fundamentals of racing. They will get a shot at competitive racing in 420's at local regattas. After completing their CanSail 4 they are encouraged to continue on to CanSail 5 & 6.

Session Dates:	Fees *
June 27 to July 22 July 25 to August 19	\$970.00

**PRICES DO NOT INCLUDE THE \$12.00 FVQ TRAINING FEE**



**Hudson Yacht Club**

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**\* 15% DISCOUNT FOR HYC MEMBERS**