

HYC Junior Sailing Programs 2018

"To Advance the Spirit of Sailing"

The Junior Sailing Program at Hudson Yacht Club has got it all for aspiring young sailors! Our enthusiastic staff of instructors and coaches is keen to teach and inspire your kids, in a program designed for all sailing levels.

We are committed to accommodating the growing demand we have experienced in the Junior Sailing Program. Our priority remains the safety of the children, as well as providing well-maintained equipment, knowledgeable instructors and quality instruction in a friendly and fun environment!



Facilities: A fun and safe place to learn!

Located on the beautiful Lake of Two Mountains, our Club offers superior facilities for teaching sailing. The dedicated facilities for our Junior Sailing Program are separate from the main clubhouse and are located adjacent to the Clubs beach and pool.

Junior Sailing Programs

The programs are based on the Sail Canada "CanSail" Program. This competency based program provides safe and standardized instruction for recreation and competition in sailing dinghies. Students are instructed in sailing theory, sailing technique and care and maintenance of the boats. Priority is given to on-water practice of these skills.

Eligibility

Programs are available to anyone between the ages of 7 and 18. Space in the program is limited in order to ensure the safety of the children and the quality of instruction.

Requirements

All sailors are to have and wear an MOT-approved lifejacket (equipped with whistle) when on or near the water. Lifejackets should be a bright colour.

All students must demonstrate swimming competency.

Registration

Registration forms are available via the Club office and website. Non-members may register but will be placed on a waiting list until May 1st, 2018.



Hudson Yacht Club

10 Yacht Club Road

Hudson, QC, J0P 1H0

Website: www.hudsonyachtclub.com

E-mail: info@hudsonyachtclub.com

Telephone number: (450) 458-5326

HYC Junior Sailing Programs 2018

Sailing Is Fun: Intro to Sailing 'Wet Feet'

Just for the fun of it! These one-week sessions are 3 hours of fun each afternoon. For those, ages 7 to 13, who would like to give sailing a try with no pressure.

Times: 1:15pm to 4:15pm.

Session Dates:	Member Fee *	Non-Member Fee *
Sessions from June 25 to August 17	\$115.00 per week	\$135.00 per week



Learn to Sail CanSail I & II: Squadrons: (1/2 day program)

This program allows children, ages 7 to 13, registered in morning swimming classes, to enjoy sailing in the afternoons.

Times: 1:15pm to 4:30pm.

Session Dates:	Member Fee *	Non-Member Fee *
June 25 to July 13	\$420.00: 3 weeks	\$483.00: 3 weeks
July 16 to August 3 August 6 to 17	\$280.00: 2 weeks	\$322.00: 2 weeks



Junior Race Team: Optis

Senior Race Team: 420s & Lasers

A combination of self-sail practice time, theory, on-land physical workouts & instruction about boat maintenance.

Session Dates:	Member Fee *	Non-Member Fee *
Pre-Season: May 26 to June 23	\$230.00 pre-season	\$265.00 pre-season
Full Summer: June 25 to August 17	\$1,800 full summer	\$2,070.00 full summer

BYOB discount available

CanSail I & II: Squadrons & Optis:

(Full day program)

Beginners, ages 7 and up, are introduced to and taught the basic skills of sailing in Squadrons (3-4 sailors per boat) and Optis (1 sailor per boat). These levels cover safety, seamanship and boat handling in light to medium winds. In CanSail II, sailors continue to develop those same skills while beginning to understand the technical aspects of the boat as well as the common safety precautions sailors take. Upon completion of CanSail II, the student will be able to sail competently in nearly all wind conditions. Sailors are now ready for the thrill of CanSail III & IV!

Times: 9:00am to 4:15pm.

Session Dates:	Member Fee *	Non-Member Fee *
June 25 to July 6 July 9 to July 20 July 23 to August 3 August 6 to August 17	\$445.00 per session	\$512.00 per session



CanSail III & IV: 420s & Optis

At this level, sailors will optimize their sailing skills without the pressure of racing in external regattas.

Times: 8:45am to 4:15pm.

Session Dates:	Member Fee *	Non-Member Fee *
June 25 to July 20 July 23 to August 17 BYOB discount available	\$890.00 per session	\$1,024.00 per session

*** FEES DO NOT INCLUDE THE \$12.00 FVQ TRAINING FEE**



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