



## HUDSON YACHT CLUB RACE TEAM PROGRAM REGISTRATION 2018

Acceptance will be confirmed based on the order received at the Club Office.  
Priority registration is given to HYC members until May 1<sup>st</sup>, 2018.

**PLEASE BE SURE TO COMPLETE THE ENTIRE REGISTRATION FORM**

**SAILOR'S NAME:** \_\_\_\_\_

Age as of June 1<sup>st</sup>, 2018: \_\_\_\_\_

It is important that your child arrive on time as they rig their boats upon arrival to get out sailing as soon as possible. There is one hour for lunch, which is supervised. There is a canteen on site that children may also choose to use to purchase their lunch.

**Please note that junior sailing is a sailing instruction program and children are expected to be out on the water every day unless the weather is deemed a risk to the children. In order for children to be awarded their CanSail levels, they must meet the criteria set out for each level by CanSail Canada.**

**Discounts:**

- 5% discount for Early Bird registrations (April 1st and earlier)
- 5% discount on second child and 10% discount on third child

In order to qualify for the above-mentioned discount, you must list the name(s) of the sibling(s) and the program(s) you are registering them for:

NAME: \_\_\_\_\_ PROGRAM: \_\_\_\_\_

NAME: \_\_\_\_\_ PROGRAM: \_\_\_\_\_

NAME: \_\_\_\_\_ PROGRAM: \_\_\_\_\_

***Please note that there is an additional mandatory Quebec Sailing Federation (FVQ) Training Fee of \$12.00 per sailor***

### RACE TEAM ~ OPTIs, 420s and Laser Sailors

The HYC Race Team is a full-time commitment and there are additional costs to parents, including regatta fees (registration costs, accommodation for CORK in Kingston, food, etc.), team shirts, etc. Parents are also expected to help carpool, chaperone (CORK in Kingston) and trailer boats. We kindly ask that parents take regatta dates into consideration when planning any vacations or appointments. For those regatta dates not confirmed, the dates from last year are provided to give you an approximate timeline.

As an advanced sporting program, the children will be learning about healthy eating and encouraged to engage in exercises to help maximize performance in the boat.

**PLEASE INDICATE WHICH PROGRAM & SESSION YOU ARE REGISTERING FOR**

**JUNIOR RACE TEAM ~ Optis**

Please note that OPTIs are optimal for children under approximately 120 pounds

The Junior Race Team ~ Optis times are from 9:00am to 5:00pm. During the morning, participants will be offered a combination of self-sail practice time, theory, on-land physical work-outs, and instruction about boat maintenance. Sailors will be on the water intensively training with their coach, Nicolas Tosi. For security reasons, sailors practicing on the water in the morning MUST stay within close proximity of HYC coach boats.

	<b>HYC Member</b> Pre-season \$230 Full summer \$1,800 *	<b>Non-Member</b> Pre-season \$265 Full summer \$2,070 **	<b>Bring your own boat</b> \$200 discount ***
<b><u>Opti Boat Pre-Season Training</u></b> 4 half-day training on weekends between May 26 <sup>th</sup> & June 23 <sup>rd</sup> . Participate in boat-specific clinic and one regatta, if available in area.			
<b><u>Opti Boat Full Summer</u></b> Full days between June 25 <sup>th</sup> & Aug 17 <sup>th</sup> plus coaching for Quebec Champs later in September.			

**SENIOR RACE TEAM ~ 420s and LASERS**

The Senior Race Team ~ 420s & Lasers times are from 8:30am to 5:00pm. Participants are expected to be ready on the water to train intensively with their coach, Nicolas Tosi, until approximately 1:00pm. During the afternoon, sailors will be offered a combination of self-sail practice time, theory, on-land physical work-outs, and instruction about boat maintenance. For security reasons, sailors practicing on the water in the morning MUST stay within close proximity of HYC coach boats.

*For those older sailors working as part-time HYC instructors in the afternoon; they will be able to work from 1:15pm-4:15pm each day.*

	<b>HYC Member</b> Pre-season \$230 Full summer \$1,800 *	<b>Non-Member</b> Pre-season \$265 Full summer \$2,070 **	<b>Bring your own boat</b> \$200 discount ***
<b><u>420 Pre-season Training</u></b> 4 half-day training on weekends between May 26 <sup>th</sup> & June 23 <sup>rd</sup> . Participate in boat-specific clinic and one regatta, if available in area.			
<b><u>420 Full Summer</u></b> Full days between June 25 <sup>th</sup> & Aug 17 <sup>th</sup> plus coaching for Quebec Champs later in September.			
<b><u>Laser Pre-season Training</u></b> 4 half-day training on weekends between May 26 <sup>th</sup> & June 23 <sup>rd</sup> . Participate in boat-specific clinic and one regatta, if available in area.			
<b><u>Laser Full Summer</u></b> Full days between June 25 <sup>th</sup> & Aug 17 <sup>th</sup> plus coaching for Quebec Champs later in September			

\*\*\* For registered sailors with their own boats, annual HYC dry sail fees are waived.

## RACE TEAM REGATTAS FOR 2018

### **TRY Regatta, Pointe-Claire Yacht Club** (mid-July)

- Usually one day of training and two days of weekend racing

### **Sail Central Fruitbowl Regatta, Hudson Yacht Club** (July 19<sup>th</sup> to 22<sup>nd</sup>)

- Includes two days training, two days racing, four days of lunches and dinner Saturday night.

### **CORK International Optimist Regatta, Portsmouth Olympic Harbour** (August 9<sup>th</sup> to 12<sup>th</sup>), Kingston

### **CORK International 420 and Laser Regatta, Portsmouth Olympic Harbour** (August 12<sup>th</sup> to 16<sup>th</sup>)

- 2017 early bird fees: Laser and OPTIs \$199.00 + taxes
- Extra costs for accommodations at Queen's University residences and food

### **HYC Long Distance Race, Labour Day Regatta** (September 1<sup>st</sup>)

### **2018 Quebec Championship, Club de voile de Deux-Montagnes, Vaudreuil-sur-le-Lac** (mid-late Sept)

- 2017 Early bird fees: \$55.00 for single-handed and \$75.00 for double-handed

**JUNIOR SAILING RACE TEAM TERMS**  
*Please have a parent and child initial the terms below*

	<b>Parent</b>	<b>Child/Sailor</b>
Possess the ability to swim independently. Possess an MOT approved life jacket (equipped with whistle). Wear proper sailing clothing (including shoes) for the weather conditions.	_____	_____
Be responsible for HYC boats and equipment. Any loss or damage caused by a sailor's negligence will be billed to the parent.	_____	_____
Sailing is an adventure sport that inevitably involves risk of physical injury. I agree that HYC (employees, members, appointed individuals, volunteers, or Jr. Sailing Program) is not liable for any damage (material or personal) suffered during training, racing, transportation to and from regattas or otherwise.	_____	_____
Participate in the race program, which involves being out on the water every day unless the weather is a risk to the children. Participate in away and local regattas. In particular, it is important to be present for training and regattas in 420s. Your boat mate is dependent on you for successful training and racing. You must stay close to an HYC coach boat during self-directed practice sailing time.	_____	_____
Abide by HYC and regatta rules at all times. Sailors must not consume any alcohol or drugs while at HYC or at away regattas. Sailors shall follow the rules and schedule outlined by their instructor(s). If not following the rules and behavior expected of them, they may be sent home.	_____	_____
Sailors will have the Monday and Tuesday off immediately following a weekend regatta. The Race Team instructor may choose two other days if they better meet the needs of the sailors. On these days off, sailors may unload and mast boats, but they will not be supervised and the instructor will not be present.	_____	_____
Parents are responsible for paying all regatta registration fees, food, accommodation, race team clothing, etc. It is important to follow HYC communication re: early bird deadlines and accommodation to avoid missing out on accommodation or transportation with the group or having to pay an increase in fees.	_____	_____
Parents must volunteer their time to car-pool to and from regattas, tow boats, transport equipment, chaperone children, and help prepare lunches for away regattas. It is not the HYC's responsibility to supervise sailors when they are not on the water outside regatta competition time. It is the parent's responsibility to ensure their child and boat arrives at the regatta.	_____	_____
I give permission for photographs and information in relation to my child's participation in Jr.Sailing Program to be used by HYC.	_____	_____
Non-members shall provide a cheque dated for the 1 <sup>st</sup> day of each program their child is registered in. Member's accounts shall be billed directly. If cancelling after the course has started, you will be charged for the days your child attended plus a \$50.00 penalty or 10% of the remaining course cost, whichever is less.	_____	_____

**Parent Name:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Student Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## IMPORTANT REGISTRATION INFORMATION

### CHILD INFORMATION

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Child's Address: \_\_\_\_\_

Child's Email Address (if they have): \_\_\_\_\_

Child's Cell (if they have): \_\_\_\_\_

Medicare number (and expiry date): \_\_\_\_\_

Please list your child's allergies and specify type and treatment required (Benadryl, EpiPen, etc):  
\_\_\_\_\_

Please list any regular prescription medication your child takes and specify for which condition:  
\_\_\_\_\_

Will your child be riding his/her bike to Sailing School? YES NO

To whom may your child be released? \_\_\_\_\_

Last sailing level your child has successfully passed:

CanSail I

CanSail III

CanSail V

CanSail II

CanSail IV

CanSail VI

### PARENT INFORMATION

**\*\*\* Non-members please attach applicable payment for program \*\*\***

Primary Member Name: \_\_\_\_\_ HYC Membership #: \_\_\_\_\_

**Mother's Name:** \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Best Tel. #'s to reach you during the day: \_\_\_\_\_

**Father's Name:** \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Best Tel. #'s during the day: \_\_\_\_\_

### **OTHER BACKUP PERSON TO CONTACT IN CASE OF EMERGENCY:**

Name: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Tel #: (HOME) \_\_\_\_\_ (BUS.) \_\_\_\_\_

(CELL) \_\_\_\_\_