



HUDSON YACHT CLUB

RACE TRAINING SERIES

SAILING INSTRUCTIONS

1. RULES

- 1.1. This race will be governed by the rules as defined in the Racing Rules of Sailing (RRS), except where amended by these Sailing Instructions.
- 1.2. The SLVYRA PHRF handicap rules will apply, and all boats must have a valid SLVYRA PHRF handicap.
- 1.3. Each boat and crew member participating in the race shall be registered.
- 1.4. The helmsperson of any competing boat shall be a member in good standing of HYC.
- 1.5. Boats shall be limited to one non-HYC member per crew.
- 1.6. Each boat shall be entitled to have an additional HYC member on board during the series serving as a mentor.

2. IDENTIFICATION AND REGISTRATION

- 2.1. Boats may sail under Spinnaker or White Sail Handicaps. Sailors wishing to sail under the white sail configuration must tie a white ribbon to their backstay.
- 2.2. Each boat intending to race shall come within hailing distance of the Race Committee vessel, and shall report its sail number and receive acknowledgement.

3. NOTICE TO COMPETITORS

- 3.1. Notices to competitors shall be posted on the Official Notice Board located on the HYC website www.hudsonyachtclub.com. Copies of documents may, or may not, be placed on the HYC Clubhouse Notice Board located on the terrace. However, amendments, addendums or other notices issued just before a race will be posted on the HYC Clubhouse Notice Board. It is the responsibility of each competitor to check both notice boards for any amendments, addendums or other notices.

4. CHANGES TO THE SAILING INSTRUCTIONS

- 4.1. Any changes to the sailing instructions shall be posted 2 hours before a scheduled start. Any change to the schedule of races shall be posted by 1200 hrs on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the mast at the Webb Pier.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

6. SCHEDULE OF RACES

- 6.1. The scheduled date dates of HYC Series Racing are published within the HYC Club Calendar located on the Official Notice Board.
- 6.2. The scheduled time of the warning signal for the first race each day is shown in the following table:

SERIES	DAY	CLASSES	NUMBER OF RACES	WARNING SIGNAL	ORDER OF STARTS
Race Training Series	Tuesday	PHRF 1A, 1B/2/3 T22	1	1900 hrs	1 st 1A, 1B/2/3 2 nd T22

- 6.3. Races that are abandoned or postponed will not be resailed.
- 6.4. When more than one class or fleet is scheduled to start on the same course, the warning signal for each succeeding class or fleet will be approximately one minute after the starting signal of the preceding class or fleet.

7. CLASS FLAGS

7.1 The Class flags will be:

CLASS	NUMERIC PENNANT OR FLAG
PHRF 1 A	1
PHRF 1B/2/3	1
J22	2
T22	3

7.2 Classes will start in the order defined in 6.2, unless otherwise indicated by class flags on the committee boat or Webb Pier.

8. RACING AREAS

8.1 The race will be sailed to the west of Quarry Point.

9. THE COURSE

9.1. The course shall be indicated on the race course board on the Race Committee Boat or the Webb pier if the race is started from there. Each red or green placard represents a mark of the course.

- (1) Letters on a green background color indicates the mark is to be left to starboard.
- (2) Letters on a red background color indicates the mark is to be left to port.
- (3) A placard with an X followed by a number indicates the course will be sailed again. Example; WL X2 indicates the course will be sailed twice; X3 the course will be sailed three times, etc.

9.2. The following letters will be used on the placards to indicate the course:

W = Windward G = Gybe L = Leeward

9.3. A gate may be used instead of a leeward mark. If set, boats shall pass through the gate from the direction of the previous mark leaving either the starboard gate to starboard or the port gate to port.

9.4. The first placard is the first mark of the course.

9.5. The race shall not be shortened to less than two legs of the course.

10. MARKS

10.1. Marks shall be orange or yellow inflatable buoys. Offset marks (if used) may be orange, yellow or red.

11. THE START

11.1. The start line will be between the mast on the Webb Pier, or a mast on the Race Committee Boat, displaying an orange flag, and an inflatable buoy at the other end of the line.

11.2. A boat starting later than 4 minutes after her starting signal shall be scored Did Not Start. This modifies RRS A4 and A5

12. CHANGE OF NEXT LEG OF THE COURSE

12.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practical. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. The new mark may be a different colour.

13. THE FINISH

13.1. The finish line will be between the mast on the Webb Pier, or a mast on the Race Committee Boat, displaying an orange flag, and a mark of the course.

14. TIME LIMITS

14.1. Boats failing to finish within 30 minutes after the first boat in their class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. Boats intending to lodge a protest shall inform the Race Committee Boat upon finishing and provide the name and sail number of the protested boat.
- 15.2. Protests shall be written on forms available at the HYC office and lodged with the Race Officer or Bosun within thirty minutes of the Race Committee Boat's return to the harbour.
- 15.3. The Race Committee Chairman will be responsible for convening a jury of at least three members.
- 15.4. Protests shall be heard immediately following the race. Protest hearings will be heard in the sequence officially noted as being received by the HYC office.

16. SCORING

- 16.1. For the Race Training Series, 1 race is required to be completed to constitute a series.
- 16.2. There will be separate scoring for:
 - 1. PHRF 1A, PHRF 1B/2/3, J22
 - 2. T22
- 16.3. If a skipper is unable to fulfill Race Committee duty he or she is required to find a suitable replacement and notify the Bosun. Failure to do so will result in disqualification of their boat from all races in that series.

17. MEASUREMENT / HANDICAPS

A boat entered in a series must maintain their handicap status for the entire series of races.

18. SAFETY REGULATIONS

- 18.1. A boat that retires from a race shall notify the Race Committee as soon as possible.

19. TRASH DISPOSAL

- 19.1. Boats shall not put trash in the water. Trash may be deposited in the appropriate containers on shore at the Club or placed aboard support and race committee boats.

20. RADIO COMMUNICATIONS

- 20.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 20.2. The Race Committee will monitor channel 71 and may communicate with competitors on this channel.

21. PRIZES

- 21.1. Prizes shall be given at the HYC Sailors Awards Dinner.

22. DISCLAIMER OF LIABILITY

- 22.1. Competitors participate in the racing entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after racing.

23. INSURANCE

- 23.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 or the equivalent.