



HUDSON YACHT CLUB THOMSON LONG DISTANCE RACE Aug 23rd, 2020 SAILING INSTRUCTIONS

1. RULES

COVID-19 GUIDELINES

- 1.1 Multi-crewed boats shall comply with the following guidelines issued by the Fédération de Voile du Québec:
 - 1.1.2 The main directive is to ensure that physical distancing is maintained overall. Therefore, the number of crew on your boat must allow for everyone to respect the 2m distancing at all times.
 - 1.3 On boats which permit the 2M distancing, short and sporadic contact which is inherent in this sport is acceptable if the 2M distance is temporarily broken during maneuvers. During this breach, the cumulative time shall not exceed fifteen (15) minutes for the whole day or the regatta. Strategies should be put in place to minimize the contact between individuals via the following crew reductions based on the boat's LOA:
 - Up to 24.9 feet LOA: Maximum of **2** aboard
 - From 25 feet to 29.9 feet LOA: Maximum of **3** aboard
 - 30 feet LOA and above: Maximum of **4** aboard
 - 1.3.1 Exceptions:
 - 1.3.2 Etchells at 30 feet LOA: due to the size of their cockpit, will be restricted to a maximum of **2** aboard.
 - 1.3.3 The crew reduction as specified in 1.3 does not apply if all aboard are currently living in the same household (e.g. parents and children)
- 1.4 Masks should be worn while rigging and must be kept on your person. Should you decide to make use of masks during a race they shall be considered ineffective when wet (from splash, rain, sweat, etc.) and may present a choking hazard if you fall overboard; they are therefore NOT required while underway.
- 1.5 Avoid as best as possible the sharing of equipment.
 - 1.5.1 Should this occur, have protocols in place for disinfecting the equipment.
- 1.6. This race will be governed by the rules as defined in the Racing Rules of Sailing, except where amended by these Sailing Instructions.
- 1.7 Participation in the Thomson Long Distance Race is open to all keelboats with a valid SLVYRA handicap.
- 1.8 Boats must be properly registered with HYC to participate.
- 1.9. The helmsperson of any competing boat shall be a member in good standing of HYC.
- 1.10. Boats shall be limited to one non-HYC member per crew of seven or less, and two persons per crew of eight or more.

2. NOTICE TO COMPETITORS

Notices to competitors shall be posted on the official sailing notice board of HYC located on the terrace.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the sailing instructions shall be posted 2 hours before a scheduled start.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the mast at the Webb Pier.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. **SCHEDULE OF RACES**

- 5.1 The scheduled date of the Thomson Long Distance Race is August 23rd, 2020.
- 5.2 The scheduled time of the warning signal for the race is 1200.
- 5.3 There will be one start for all competing keelboats.

6. **CLASS FLAGS**

The Class flag will be Numeric Pennant 1.

7. **RACING AREAS**

The race will be sailed on the Lake of Two Mountains

8. **THE COURSE**

- 8.1. The course will be:
Start in front of the H.Y.C.
Pass Cardinal mark HUD to port
Pass Green mark H87 to port,
Round Green channel mark H117 to port.
Pass Green mark H87 to starboard
Pass Cardinal mark HUD to starboard.
Round H.Y.C. start/finish mark to port out in-front of Webb Pier.
Pass Red spar buoy H32 to port.
Round bifurcation CAD RGR to port.
Pass Red spar buoy H32 to starboard
Finish between the H.Y.C. start/finish mark and the Webb Pier
The course may be shortened at the discretion of the Race Committee at any mark of the course.

9. **MARKS**

- 9.1. The start / finish mark shall be an orange or yellow mark located approx 200 meters off the Webb Pier. All other marks are government cardinal / channel marks as described in the course.

10. **THE START**

- 10.1 The start line will be between the mast on the Webb Pier and the start / finish mark at the other end of the line.
- 10.2 A boat starting later than 4 minutes after her starting signal shall be scored Did Not Start. This changes rule A4 and A5.

11. **THE FINISH**

The finish line will be between the mast on the Webb Pier and the start / finish mark at the other end of the line.

12. **TIME LIMITS**

Boats failing to finish within 120 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Boats intending to lodge a protest shall inform the Race Committee upon finishing and provide the name and sail number of the protested boat.
- 13.2 Protests shall be written on forms available at the HYC office and lodged with the Race Officer within thirty minutes of the last boat to finish or the expiration of the time limit, whichever is sooner.
- 13.3 The Race Committee Chairman will be responsible for convening a jury of at least three members.
- 13.4 Protests shall be heard immediately following the race. Protest hearings will be heard in the sequence officially noted as being received by the HYC office.

14. MEASUREMENT / HANDICAPS

- 14.1 The SLVYRA PHRF spinnaker handicap shall be assumed to apply.
- 14.2 Boats wishing to sail under their White Sail handicap shall inform the Race Committee prior to the start and shall display a white flag or pennant from the backstay.
- 14.3 Boat owners wishing to make a change in handicap status must do so in writing to the Club Measurer at the Club office 48 hours before the scheduled start of the race.
- 14.4. The current list of non-cruising boats within the HYC fleet comprises: Etchells, Formula 21, Grampion 22, Independent 21, J22, Rhodes 19.

15. SAFETY REGULATIONS

Each boat intending to race shall register with the Race Committee prior to the start.
A boat that retires from a race shall notify the Race Committee as soon as possible.

16. TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be deposited in the appropriate containers on shore at the Club or placed aboard support and race committee boats.

17. RADIO COMMUNICATIONS

- 17.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 17.2 The Race Committee will monitor VHF channel 71.

18. PRIZES

- 18.1 The Thomson Trophy shall be awarded to the 1st boat finishing on corrected time conforming to the SLVYRA definition of a standard cruiser- racer sailboat and excluding boats listed under 14.4
- 18.2 The Thomson Long Distance Race winner shall be 1st boat finishing on corrected time irrespective of class.

19. DISCLAIMER OF LIABILITY

Competitors participate in the racing entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after racing.

20. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 or the equivalent.