



HUDSON YACHT CLUB

2020 COVID-19 FROSTBITE SERIES SAILING INSTRUCTIONS

1. RULES

- 1.1. All HYC Series races will be governed by the rules as defined in the Racing Rules of Sailing (RRS) except where amended by these Sailing Instructions.
- 1.2. The SLVYRA PHRF handicap rules will apply, and all boats must have a valid SLVYRA PHRF handicap.
 - 1.2.1. The helmsman shall be a member in good standing of HYC
- 1.3. All Frost Bite Series races will be White Sail only.
- 1.4. If there is any conflict between Sailing Instructions, the HYC Series Sailing Instructions will take precedence for the results of HYC Series races.

2. COVID-19 GUIDELINES

2.1 Multi-crewed boats shall comply with the following guidelines issued by the Fédération de Voile du Québec:

2.1.1 The main directive is to ensure that physical distancing is maintained overall. Therefore, the number of crew on your boat must allow for everyone to respect the 2m distancing at all times.

2.2 On boats which permit the 2M distancing, short and sporadic contact which is inherent in this sport is acceptable if the 2M distance is temporarily broken during maneuvers. During this breach the cumulative time shall not exceed fifteen (15) minutes for the whole day or the regatta. Strategies should be put in place to minimize the contact between individuals via the following crew reductions based on the boat's LOA:

Up to 24.9 feet LOA: Maximum of **2** aboard

From 25 feet to 29.9 feet LOA: Maximum of **3** aboard

30feet LOA and above: Maximum of **4** aboard

2.3 Exceptions:

- 2.3.1 Etechells at 30 feet LOA: due to the size of their cockpit, will be restricted to a maximum of **2** aboard.
- 2.3.2 The crew reduction as specified in 1.3 does not apply if **all aboard are currently living in the same household** (e.g. parents and children)

2.4 Masks should be worn while rigging and must be kept on your person. Should you decide to make use of masks during a race they shall be considered ineffective when wet (from splash, rain, sweat, etc.) and may present a choking hazard if you fall overboard; they are therefore NOT required while underway.

2.5 Avoid as best as possible the sharing of equipment.

2.4.1. Should this occur, have protocols in place for disinfecting the equipment.

3. IDENTIFICATION AND REGISTRATION

3.1. Each boat intending to race shall, before their first race on each day, come within hailing distance of the Race Committee vessel and shall report its sail number and receive acknowledgement.

4. NOTICE TO COMPETITORS

4.1. The Official Notice Board will be located on the HYC website www.hudsonyachtclub.com. Copies of documents may, or may not, be placed on the HYC Clubhouse Notice Board located on the terrace. However, amendments, addendums or other notices issued just before a race will be posted on the HYC

Clubhouse Notice Board. It is the responsibility of each competitor to check both notice boards for any amendments, addendums or other notices.

5. CHANGES TO THE SAILING INSTRUCTIONS

5.1. Any changes to the sailing instructions shall be posted 2 hours before a scheduled start. Any change to the schedule of races shall be posted by 1200 hrs on the day before it will take effect.

6. SIGNALS MADE ASHORE

5.1. Signals made ashore will be displayed on the mast on the Webb Pier.

5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

7. SCHEDULE OF RACES

7.1. For each series, the scheduled time of the warning signal for the first race each day is shown in the following table:

SERIES	DAY	CLASSES	NUMBER OF RACES	WARNING SIGNAL	ORDER OF STARTS
FrostBite	Thurs Sept. 10 2020	>All PHRF	1	1830 hrs	1 ST -PHRF
FrostBite	Thurs Sept. 17 2020	>All PHRF	1	1830 hrs	1 ST -PHRF
FrostBite	Sat Sept. 26 2020	>All PHRF	2	1300 hrs	1 ST -PHRF
FrostBite	Sat Oct. 3 2020	>All PHRF	2	1300 hrs	1 ST -PHRF

8. CLASS FLAGS

8.1. Class flags will be:

CLASS	NUMERIC PENNANT OR FLAG
All classes PHRF	1

9. RACING AREAS

9.1. All races will be sailed in front of HYC, wind direction permitting.

10. THE COURSE

10.1. The course shall be indicated on the race course board on the Race Committee Boat or the Webb pier if the race is started from there. Each red or green placard represents a mark of the course.

10.1.1. Letters on a green background color indicates the mark is to be left to starboard.

10.1.2. Letters on a red background color indicates the mark is to be left to port.

10.1.3. A placard with an X followed by a number indicates the course will be sailed again. Example; W G S X2 indicates the course will be sailed twice; X3 indicates the course will be sailed three times, etc.

10.2. The following letters will be used on the placards to indicate the course:

W = Windward G = Gybe L = Leeward Gate

10.3. The first placard identifies the first mark of the course.

10.4. The race shall not be shortened to less than two legs of the course.

11. MARKS

11.1. Marks shall be orange or yellow inflatable buoys. Offset marks (if used) may be orange, yellow or red.

12. THE START

12.1. The start line will be between the mast on the Webb Pier, or a mast on the Race Committee Boat, displaying an orange flag, and an inflatable buoy at the other end of the line.

12.2. Boats whose warning signal has not been made shall avoid the starting area.

12.3. A boat starting later than 4 minutes after her starting signal shall be scored Did Not Start. This changes RRS A4 and A5.

12.4. In the case of a General Recall for the first start, the second start will not be delayed. This modifies RRS 29.2.

13. CHANGE OF COURSE

13.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practical. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. The new mark may be a different colour.

14. THE FINISH

14.1. The finish line will be between the mast on the Webb Pier, or a mast on the Race Committee Boat, displaying an orange flag, and a mark of the course.

15. TIME LIMITS

15.1. Boats failing to finish within 30 minutes after the first boat in their class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing.

16. PROTESTS AND REQUESTS FOR REDRESS

16.1. Boats intending to lodge a protest shall inform the Race Committee Boat upon finishing and provide the name and sail number of the protested boat.

16.2. Protests shall be written on forms available at the HYC office and lodged with the Race Officer or Bosun within thirty minutes of the Race Committee Boat's return to the harbour.

16.3. The Race Committee Chairman will be responsible for convening a jury of at least two members.

16.4. For protests between only HYC boats, the protest shall be heard immediately following the race provided there is adequate space to maintain social distancing and equipment to follow disinfecting procedures. Protest hearings will be heard in the sequence officially noted as being received by the HYC office.

17. SCORING

17.1. For the 2020 Frostbite Series 1 race will constitute a series.

17.2. A boat's Frostbite series score will be the total of her race scores.

18. MEASUREMENT / HANDICAPS

18.1. A boat entered in a series must maintain their WhiteSail handicap status for the entire series of races.

19. SAFETY REGULATIONS

19.1. A boat that retires from a race shall notify the Race Committee as soon as possible.

20. TRASH DISPOSAL

20.1. Boats shall not put trash in the water. Trash may be deposited in the appropriate containers on shore at the Club or placed aboard support and race committee boats.

21. RADIO COMMUNICATIONS

21.1. The Race Committee will monitor channel 71 and may communicate with competitors on this channel.

22. PRIZES

22.1. Prizes for HYC Frost Bite Series will be awarded to 1st, 2nd, and 3rd overall.

23. DISCLAIMER OF LIABILITY

23.1. Competitors participate in the racing entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after racing.

24. INSURANCE

24.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 or the equivalent.

HUDSON YACHT CLUB

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