

# HYC Junior Sailing Program

## "To Advance the Spirit of Sailing"

The Junior Sailing Program at Hudson Yacht Club has got it all for aspiring young sailors! Our enthusiastic staff of instructors and coaches is keen to teach and inspire your kids, in a program designed for all sailing levels.

We are committed to accommodating the growing demand we have experienced in the Junior Sailing Program. Our priority remains the safety of the children, as well as providing well-maintained equipment, knowledgeable instructors and quality instruction in a friendly and fun environment!



## Facilities: A fun and safe place to learn!

Located on the beautiful Lake of Two Mountains, our Club offers superior facilities for teaching sailing. The dedicated facilities for our Junior Sailing Program are separate from the main clubhouse and are located adjacent to the Clubs beach and pool.



## Junior Sailing Programs

The programs are based on the Sail Canada "CanSail" Program. This competency-based program provides safe and standardized instruction for recreation and competition in sailing dinghies. Students are instructed in sailing theory, sailing technique and care and maintenance of the boats. Priority is given to on-water practice of these skills.

## Eligibility

Programs are available to anyone between the ages of 6 and 18. Space in the program is limited in order to ensure the safety of the children and the quality of instruction.

## Requirements

All sailors are to have and wear an MOT-approved lifejacket (equipped with whistle) when on or near the water. Lifejackets should be a bright colour.

All students must demonstrate swimming competency.



## Registration

Registration forms are available via the Club office and website at [www.hudsonyachtclub.com](http://www.hudsonyachtclub.com)



## Hudson Yacht Club

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